

# WITHAM HALL WEEK 5TH OCTOBER

|           | MONDAY                                                                                                                                                                                                                                                                                                           | TUESDAY                                                                                                                                                                                                                                                                                        | WEDNESDAY                                                                                                                                                                                                                                                                                                                              | THURSDAY                                                                                                                                                                                                                                                                                                                  | FRIDAY                                                                                                                                                                                                                                                                                                                             | SATURDAY                                                                                                                                                                                                                                                                              |
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| BREAKFAST |                                                                                                                                                                                                                                                                                                                  | <i>Bacon with an English Muffin or a Fried Egg Muffin</i>                                                                                                                                                                                                                                      | <i>Potato Waffles<br/>Baked Beans</i>                                                                                                                                                                                                                                                                                                  | <i>Cinnamon Swirls</i>                                                                                                                                                                                                                                                                                                    | <i>Crumpets with Marmite</i>                                                                                                                                                                                                                                                                                                       | <i>Scrambled Eggs on Toast</i>                                                                                                                                                                                                                                                        |
| LUNCH     | <i>Steak Puff Pastry Pie</i><br><br><i>Butternut Squash &amp; Spinach Gratin (V)</i><br><br><i>New Potatoes</i><br><i>Fine Green Beans</i><br><i>Carrots</i><br><br><i>Gravy</i><br><br><i>Fresh Soup of the Day</i><br><i>Freshly made Bread</i><br><i>Jacket Potatoes</i><br><i>Freshly Prepared Salad Bar</i> | <i>Fiesta Chicken &amp; Rice</i><br><br><i>Mexican Fiesta Rice (V)</i><br><br><i>Tortilla Chips</i><br><i>Broccoli</i><br><br><i>Guacamole</i><br><i>Salsa</i><br><br><i>Fresh Soup of the Day</i><br><i>Freshly made Bread</i><br><i>Jacket Potatoes</i><br><i>Freshly Prepared Salad Bar</i> | <i>Beef Bolognaise</i><br><br><i>Lentil &amp; Vegetable Bolognaise (V)</i><br><br><i>Spaghetti</i><br><i>Cheesy Bread</i><br><i>Sweetcorn</i><br><i>Mixed Vegetables</i><br><br><i>Parmesan Cheese</i><br><br><i>Fresh Soup of the Day</i><br><i>Freshly made Bread</i><br><i>Jacket Potatoes</i><br><i>Freshly Prepared Salad Bar</i> | <i>Roast Chicken Breast</i><br><br><i>Tortellini Formaggio Pesto Pasta (V)</i><br><br><i>Roasted Garlic New Potatoes</i><br><i>Sliced Carrots</i><br><i>Sweetcorn</i><br><br><i>Gravy</i><br><br><i>Fresh Soup of the Day</i><br><i>Freshly made Bread</i><br><i>Jacket Potatoes</i><br><i>Freshly Prepared Salad Bar</i> | <i>Breaded Haddock</i><br><br><i>Cherry Tomato Panini Pizza (V)</i><br><br><i>Chipped Potatoes</i><br><i>Garden Peas</i><br><i>Roasted Vegetables</i><br><br><i>Tartare Sauce</i><br><i>Lemons</i><br><br><i>Fresh Soup of the Day</i><br><i>Freshly made Bread</i><br><i>Jacket Potatoes</i><br><i>Freshly Prepared Salad Bar</i> | <i>Carbonara Sauce</i><br><br><i>Arrabiata Sauce (V)</i><br><br><i>Fusilli Pasta</i><br><i>Garlic Bread</i><br><i>Broccoli</i><br><br><i>Parmesan</i><br><br><i>Fresh Soup of the Day</i><br><i>Freshly made Bread</i><br><i>Jacket Potatoes</i><br><i>Freshly Prepared Salad Bar</i> |
| DESSERT   | <i>Apple Crumble Custard</i><br><br><i>Fresh Fruit Platter</i><br><i>Fruit Jellies</i>                                                                                                                                                                                                                           | <i>Fruity Yoghurts</i><br><br><i>Fresh Fruit Platter</i><br><i>Fruit Jellies</i>                                                                                                                                                                                                               | <i>Iced Caramel Cake</i><br><br><i>Fresh Fruit Platter</i><br><i>Fruit Jellies</i>                                                                                                                                                                                                                                                     | <i>Chocolate Crispy Cake</i><br><br><i>Fresh Fruit Platter</i><br><i>Fruit Jellies</i>                                                                                                                                                                                                                                    | <i>Strawberry Oat Slice</i><br><br><i>Fresh Fruit Platter</i><br><i>Fruit Jellies</i>                                                                                                                                                                                                                                              | <i>Chocolate Chip Shortbread</i><br><br><i>Fresh Fruit Platter</i><br><i>Fruit Jellies</i>                                                                                                                                                                                            |
| TEA       | <i>Tortilla Wrap Bar</i><br><i>BBQ Pulled Chicken</i><br><br><i>Halloumi Sticks (V)</i><br><i>Parsnip Crisps</i>                                                                                                                                                                                                 | <i>Pork Noodle Stir Fry</i><br><i>Veggie Noodle Stir Fry (V)</i><br><br><i>Asian Dim Sums (V)</i>                                                                                                                                                                                              | <i>Pitta Pizza with Italian Garlic Sausage</i><br><br><i>Spinach &amp; Mushroom Pitta Pizza (V)</i><br><br><i>Coleslaw</i><br><i>Tomato Salad</i>                                                                                                                                                                                      | <i>Beef Chilli</i><br><i>Quorn Chilli (V)</i><br><br><i>Long Grain Rice</i><br><br><i>Taco Shells</i><br><i>Tomato Salsa</i>                                                                                                                                                                                              | <i>Pork &amp; Beef Meatball Sub</i><br><br><i>Plant Based Meatball Sub (V)</i><br><br><i>Crisps</i>                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                       |

Always available at Lunch & Tea: ♦ Jacket Potatoes ♦ Salad Bar ♦ Fresh Fruit ♦ Homemade Bio Yoghurt with Toppings  
For allergen information please ask a member of the Catering Team

